







## My Voice Matters: Competition

Task: To create a piece of art on 'What Matters to You'.

You can draw, write, sing or act - we just need your final piece to be able to be sent in an email to us.

**Prizes:** Winners will be featured on the Healthy Schools website and there will be a <u>selection of books to choose from</u>

## Winners will be selected based on:

- The quality, creativity and originality of the piece
- How well the artwork answers, "What Matters to You?"
- The overall impact of the submission



## What Matters to YOU?

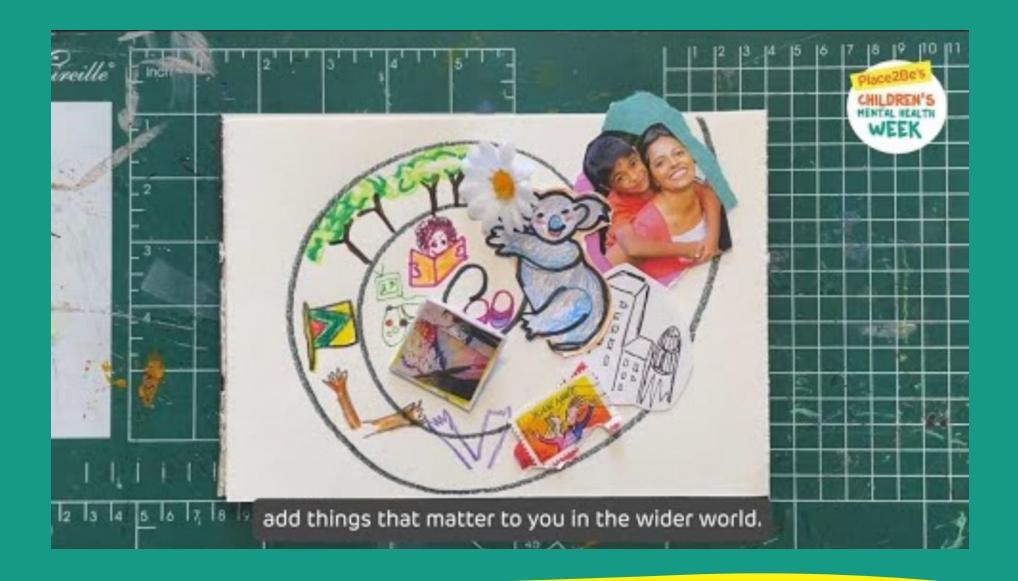
The following questions may help you to consider what matters to you:

What makes you feel happy and safe?

What are your favourite things (colour, animal, plants)?

If you could change one thing about the world to make it better, what would it be and why?

What is something you wish everyone knew about you, and how can we create a space where everyone feels comfortable sharing?





What matters to you? Activity for 4-11 year olds