Senior Mental Health Lead Training – Network Meeting 1

- Purpose of the network meetings
 - Opportunity to share good practice
 - Identify challenges and explore solutions
 - Pick up area of interest and development identified by the group
- ☐ Today's agenda
 - Share experiences in your role as a Senior Mental Health Lead: Review progress/ challenges and next steps in completing your Whole School Approach to Mental Health and Wellbeing Audit
 - **Provide local and national updates:** both from you and BSW
 - **Identifying future needs:** training / network
 - Q&A and one to one time

Whole School Approach to Mental Health and Wellbeing Audit



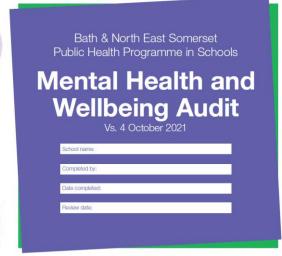




Swindon Healthy Schools Mental Health & Emotional Wellbeing Award







Bath & North East Somerset Council

Sharing progress: SWOT analysis

Successes:-

What have you achieved so far?
What are you pleased about?
What feedback / support have you received?

Opportunities:-

What do you hope to do?
What resources do you have that that will help with this?

When do you hope to take the next steps?

Weaknesses:-

Were there any things you planned to do but were unable to achieve?
How did you feel about this?

Threats:-

What were the challenges you faced?
What other challenges might you expect?
How might you resolve these?



Bath & North East Somerset Council

Improving People's Lives

B&NES updates but for everyone

Train the Trainer Working in collaboration with the Charlie Waller Trust . 14th June 2pm – 5.30pm, Radstock. 11th October 2pm – 5.30pm, online

Room 627 Support for CYP and their families around transition

Online Parent Information Evenings

Supporting your child during transition to secondary school 5th July 6.30 1hr

Bath & North East Somerset Council

Improving People's Lives



Poverty Proofing Our School Pilot https://thehub.bathnes.gov.uk/Page/21430

B&NES Staff Supervision

CYP Health & Wellbeing Survey



Local updates of interest to all areas

Chameleon PDE 💯

about the student

SECONDARY

WORKSHOPS

- living/budgeting
- · Finance & responsibility
- · 'What do you want?'
- Top 10 employer skills Interactive stations

Discussions focused or 'changing your mind'. Aimed at students who are worried their subject choices not aligning with their career aspiration

INDUSTRY SECTORS

- Engineering
- IT/Technology STEM Creative industries
- Hospitality
- · Agricultural jobs
- · Women in constructio
- · Beauty industries · Retail/Food
- · Event Manageme
- · Business/accounting
- · Armed forces

15 minute interactive

students to help with the

CYCLES'

young people who have come adversities and hallenged the patterns and litions of their family or

college/school to urther education and the working world

CHANGING JOB MARKET

- Stations that inform students of new jobs in the
- market and the skills needed · Family driven?
- for it. This will also touch on unrealistic expectations of this age bracket and potential back-up plans

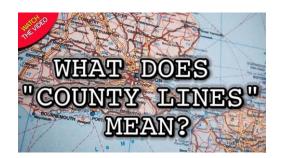
- **VOLUNTEERS**
- hotography and wider work rience possibilities with

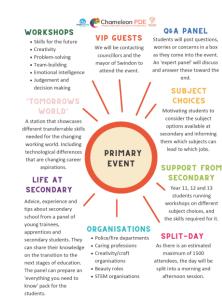
Motivational talks from

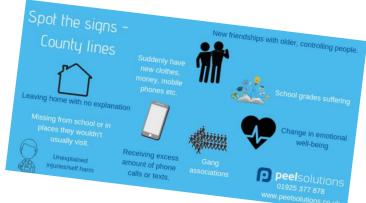
TRANSITIONS Q&A with university

- · Career driven? · Money driven?
- 'Odd one out?'
- for the world?
- · Goals and expectations

- **Raising Aspirations Project** linked to outcome from the HRU survey, which identified building self esteem and aspirations as a result of Covid.
 - This project aims to support and aspire young people for future job prospects and an approach providing personal identity which navigates transition into the next stages of their education.
- **Train the Trainer** Arriving soon workshops, training and support for school leads, to upskill and support with safer streets - gangs, grooming and county lines.







Local updates of interest to all areas

Youth Mental Health First Aid – awareness training for school staff

Youth Mental Health First Aid: Wiltshire Healthy Schools

- ½ day online - Monday 16th May (Wilts £70, other LAs £125)

PSHE training dates to be released during 2022 Training and events

Talking to children about the war in Ukraine

Talking to children about the war in Ukraine: Wiltshire Healthy Schools

Mental health - good practice for education settings Mental Health Home : Wiltshire Healthy Schools



Further network sharing

- •What projects / resources etc would you like to draw to everyone's attention?
- ■Next training session 23rd June 2022 9.00am 12.30 pm.
 Will include
 - Staff wellbeing and Education Staff Wellbeing Charter
 - Measuring and monitoring impact

Further network sharing

- ■Next network session 21st September 2022 3:30 5:30pm
- What would you like to cover in future network meetings?
- •Q&A and further support if required
- New SMHL group on Knowledge Hub Create a Knowledge Hub account with your school email Request to join here

Ask questions, share information and keep in touch.