

Senior Mental Health Lead Training – Network Meeting 1

□ Purpose of the network meetings

- Opportunity to share good practice
- Identify challenges and explore solutions
- Pick up area of interest and development identified by the group

□ Today's agenda

- **Share experiences in your role as a Senior Mental Health Lead:** Review progress/ challenges and next steps in completing your *Whole School Approach to Mental Health and Wellbeing Audit*
- **Provide local and national updates:** both from you and BSW
- **Identifying future needs:** training / network
- **Q&A and one to one time**

Whole School Approach to Mental Health and Wellbeing Audit



Bath & North East
Somerset Council
Improving People's Lives

Bath & North East Somerset
Public Health Programme in Schools

Mental Health and Wellbeing Audit

Vs. 4 October 2021

School name:

Completed by:

Date completed:

Review date:

Sharing progress: SWOT analysis

Successes:-

What have you achieved so far?
What are you pleased about ?
What feedback / support have you received?

Opportunities:-

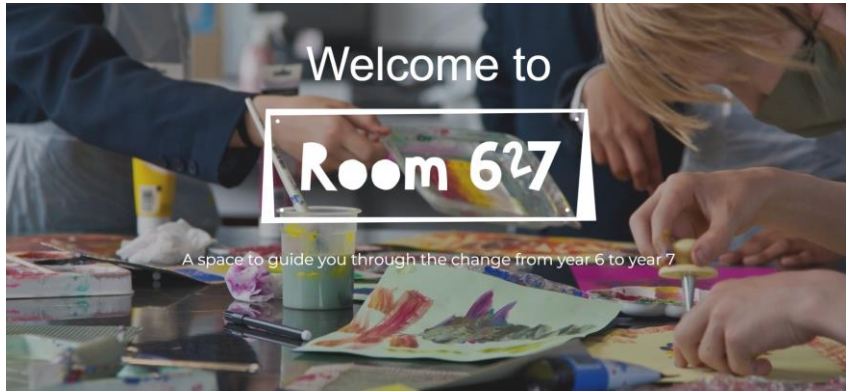
What do you hope to do?
What resources do you have that that will help with this?
When do you hope to take the next steps ?

Weaknesses:-

Were there any things you planned to do but were unable to achieve?
How did you feel about this?

Threats:-

What were the challenges you faced?
What other challenges might you expect?
How might you resolve these ?



B&NES updates but for everyone

Train the Trainer Working in collaboration with the Charlie Waller Trust . 14th June 2pm – 5.30pm, Radstock. 11th October 2pm – 5.30pm, online

Room 627 Support for CYP and their families around transition

Online Parent Information Evenings

Supporting your child during transition to secondary school 5th July 6.30 1hr

**Bath & North East
Somerset Council**

Improving People's Lives

Bath & North East Somerset Council

Improving People's Lives



Poverty Proofing Our School Pilot

<https://thehub.bathnes.gov.uk/Page/21430>

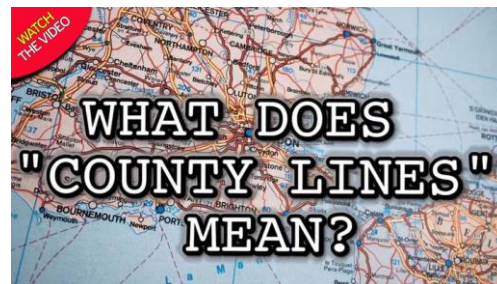
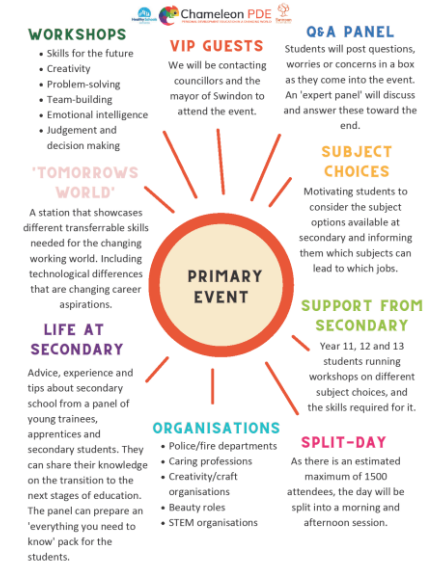
B&NES Staff Supervision

CYP Health & Wellbeing Survey

Local updates of interest to all areas



- **Raising Aspirations Project** – linked to outcome from the HRU survey, which identified building self esteem and aspirations as a result of Covid. This project aims to support and aspire young people for future job prospects and an approach providing personal identity which navigates transition into the next stages of their education.
- **Train the Trainer** – Arriving soon workshops, training and support for school leads, to upskill and support with safer streets - gangs, grooming and county lines.



Local updates of interest to all areas

Youth Mental Health First Aid – awareness training for school staff

[Youth Mental Health First Aid : Wiltshire Healthy Schools](#)

- ½ day online - Monday 16th May (Wilts £70, other LAs £125)

PSHE training dates to be released during 2022 [Training and events](#)

Talking to children about the war in Ukraine

[Talking to children about the war in Ukraine : Wiltshire Healthy Schools](#)

Mental health - good practice for education settings

[Mental Health Home : Wiltshire Healthy Schools](#)

Wiltshire Council



Further network sharing

- What projects / resources etc would you like to draw to everyone's attention?
- **Next training session 23rd June 2022 9.00am – 12.30 pm.**
Will include
 - Staff wellbeing and Education Staff Wellbeing Charter
 - Measuring and monitoring impact

Further network sharing

- **Next network session 21st September 2022 3:30 – 5:30pm**
- What would you like to cover in future network meetings?
- Q&A and further support if required

- **New SMHL group on Knowledge Hub**

Create a Knowledge Hub account with your school email

[Request to join here](#)

Ask questions, share information and keep in touch.