### Wiltshire Council Emotional wellbeing survey 2024 Primary school report

# Please note this is an example report with example data.

The Wiltshire Children and Young People's 2024 Emotional Wellbeing Survey aims to develop a better understanding of Wiltshire's children and young people emotional wellbeing and their experiences of life, both inside and outside school.

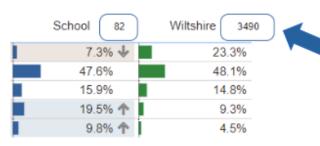
It provides evidence that will influence future services provided by Wiltshire Council and their partners, improving the health and wellbeing of our young people. It was commissioned by Wiltshire Council and carried out by Foster and Brown Research Limited.

A total of **3,633** primary school students took part in the voluntary online survey in 2024.

This report includes the findings for your school and some comparisons with the Wiltshire average for primary schools.

We recognise that there are small numbers in some of the sections of this survey, particularly the demographic section. Our priority is to retain the anonymity of the students raise awareness of the diversity of the students in Wiltshire, without identifying particular students. The Wiltshire level reports that are due to be published later in the year will go into more detail about how the demographics of the students that took part in the survey interacts with the responses to the questions.

This report was produced by the Public Health Intelligence team. If you have any questions regarding the survey or the results, please contact EmotionalWellbeingSurvey@wiltshire.gov.uk Throughout the report, where your school's data (in the left hand column) has been compared to the Wiltshire result, the tables will look a little like the following:



The numbers next to the "School" and "Wiltshire" headers is the sample size for that specific question (the number of students that responded to it) and therefore the denominators used to create the percentages in the table.

Where there is a Wiltshire result next to the result for your school, it has been assessed to see whether it is statistically significantly different from the Wiltshire proportion.

Rows that are highlighted in beige with a downwards arrow mean that your school is significantly lower than Wiltshire for that specific response. Rows highlighted in blue with an upwards arrow mean that your school is significantly higher than Wiltshire for that specific response.

The below guide is repeated throughout the report to refer to:

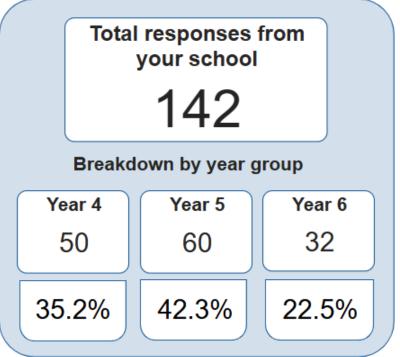


For further information on how statistical significance has been determined, please refer to the methods section at the end of the report.

Please note that due to rounding, some percentages may not total exactly 100%.

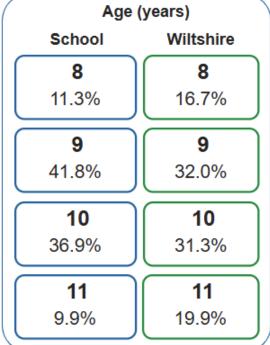
### Wiltshire Council Emotional wellbeing survey 2024 Demographics

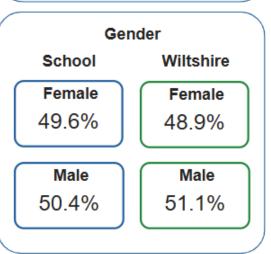
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Students were asked a variety of questions to help understand the demographics of who was responding to the survey.

Year group was a mandatory question in order to access the survey, and then students were then asked to provide their age, gender and ethnicity.





Ethnicity		
Responses	School	Wiltshire
Arab	0.7%	0.4%
Asian/Asian British - Chinese	0.7%	0.7%
Asian/Asian British - Indian	2.2%	1.7%
Asian/Asian British - Other	2.2%	1.2%
Black/Black British/African/Caribbean - African	3.0%	1.3%
Black/Black British/African/Caribbean - Other	3.0%	0.5%
Mixed/Multiple Ethnic Groups - White And Asian	0.7%	0.6%
Mixed/Multiple Ethnic Groups - White And Black African	0.7%	0.8%
Mixed/Multiple Ethnic Groups - White And Black Caribbean	1.5%	0.7%
Other Ethnic Group	3.7%	1.7%
White - English/Welsh/Scottish/Northern Irish/British	70.9%	78.5%
White - Other	10.4%	8.7%

# Wiltshire Council Emotional wellbeing survey 2024 Demographics

Please note this is an example report with example data.

Students were asked various demographic questions to provide a greater understanding of their home lives and personal situations.

**Suppressed numbers:** in order to retain anonymity of your students that took part in the emotional wellbeing survey, percentages have been suppressed where the number of pupils that answered "yes" to the question equalled 5 or less. These suppressed numbers will be replaced with an asterisk (\*). It will look like this:

Parents in the armed forces			
Responses	School	Wiltshire	
Yes	*	12.8%	

**No students in a category:** Where your school has no students that answered yes to one of the family and personal factors questions, the table for that question will look like this:



		nts in the armed or Air Force)?	Do you live	e with at leas birth parent	st one or bot s?
Responses	School	Wiltshire	Responses	School	Wiltshire
Yes	34.3% 个	12.8%	Yes	99.0%	97.2%
Do you h	ave Specia Needs?	Educational	Has anyone	you live wi prison?	th ever been
Responses	School	Wiltshire	Responses	School	Wiltshire
Yes	19.2%	13.9%	Yes	*	5.6%
Do you or your family have a social worker?			ceive suppo ducation ne	ort for special eds?	
Responses	School	Wiltshire	Responses	School	Wiltshire
Yes	6.7%	8.6%	Yes	16.3% 个	10.1%
Do yo	ou have a d	isability?	Are	you a young	carer?
Responses	School	Wiltshire	Responses	School	Wiltshire
Yes	6.8%	8.9%	Yes	* 🤳	5.9%

## Wiltshire Council Emotional wellbeing survey 2024 Being at school

# Please note this is an example report with example data.

This section will look at questions relating to how the students describe their school/setting.

Students were asked "How would you describe being at your school/setting?" followed by a series of statements, including:

- · I enjoy my school/setting
- I try my best at my school/setting
- I learn a lot at my school/setting
- My school/setting has lots of activities (like sport and drama) to take part in at lunchtime or after school
- · My teacher(s)/tutor(s) make my lessons fun and interesting
- My teacher(s)/tutor(s) tell me how I am doing with my work
- Other pupils often disrupt my lessons
- · I get enough help at my school/setting with learning
- · I get enough help at my school/setting when I am upset or angry
- I am happy to use the school/setting toilets
- I feel worried by school work
- I worry about going to my school/setting
- · I am often in trouble in my school/setting
- I am often aggressive or violent (such as breaking things and hurting people when I am angry)



Please note that due to rounding, some percentages may not total exactly 100%.

I enjoy my school/setting					
Responses	School 149	Wiltshire 3,490			
Strongly Agree	19.5%	23.3%			
Agree	40.9%	48.1%			
Neither Agree Nor Disagree	15.4%	14.8%			
Disagree	13.4%	9.3%			
Strongly Disagree	10.7% 🏫	4.5%			

### I try my best at my school/setting

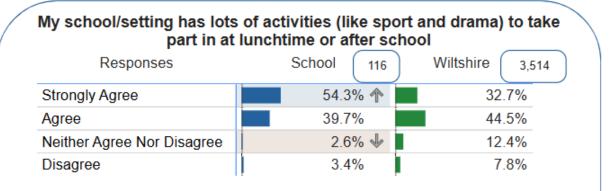
Responses	School 147	Wiltshire 3,539
Strongly Agree	44.9%	45.2%
Agree	36.1%	44.0%
Neither Agree Nor Disagree	10.2%	7.7%
Disagree	4. <b>1</b> %	2.0%
Strongly Disagree	4.8% 🏫	1.1%

### I learn a lot at my school/setting

Responses	School 147	Wiltshire 3,519
Strongly Agree	32.7% 🦑	41.5%
Agree	44.2%	42.2%
Neither Agree Nor Disagree	13.6%	10.4%
Disagree	6.1%	4.3%
Strongly Disagree	3.4%	1.6%

### Wiltshire Council Emotional wellbeing survey 2024 Being at school

# Please note this is an example report with example data.



My teacher(s)/tutor(s) make my lessons fun and interesting				
Responses	School 115	Wiltshire 3,480		
Strongly Agree	30.2%	32.7%		
Agree	37.9%	42.4%		
Neither Agree Nor Disagree	15.5%	13.5%		
Disagree	13.8% 🏫	8.1%		
Strongly Disagree	2.6%	3.3%		

### My teacher(s)/tutor(s) tell me how I am doing with my work

Responses	School 115	Wiltshire 3,480
Strongly Agree	25.0%	27.3%
Agree	50.9%	48.3%
Neither Agree Nor Disagree	21.6%	15.4%
Disagree	2.6%	7.0%

Other pupils often disrupt my lessons				
Responses	School 115	Wiltshire 3,480		
Strongly Agree	10.4% 🧄	23.8%		
Agree	33.0%	35.3%		
Neither Agree Nor Disagree	24.3%	19.3%		
Disagree	17.4%	14.1%		
Strongly Disagree	14.8% 🏫	7.4%		

#### I get enough help at my school/setting with learning

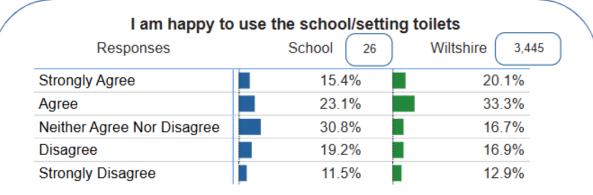
Responses	School 113	Wiltshire 3,459
Strongly Agree	38.9%	34.0%
Agree	41.6%	44.2%
Neither Agree Nor Disagree	9.7%	12.3%
Disagree	8.8%	7.4%
Strongly Disagree	0.9%	2.1%

### I get enough help at my school/setting when I am upset or angry

Responses	School 113	Wiltshire 3,433
Strongly Agree	33.6%	29.2%
Agree	36.3%	37.8%
Neither Agree Nor Disagree	11.5%	16.1%
Disagree	15.0%	11.7%
Strongly Disagree	3.5%	5.3%

## Wiltshire Council Emotional wellbeing survey 2024 Being at school

Please note this is an example report with example data.



### I feel worried by school work

		-
Responses	School 28	Wiltshire 3,488
Strongly Agree	14.3%	8.6%
Agree	32.1%	19.9%
Neither Agree Nor Disagree	7.1%	18.2%
Disagree	21.4%	28.6%
Strongly Disagree	25.0%	24.7%

#### I worry about going to my school/setting

Responses	School 28	Wiltshire 3,464
Strongly Agree	14.3%	6.8%
Agree	7.1%	12.4%
Neither Agree Nor Disagree	14.3%	14.7%
Disagree	17.9%	28.0%
Strongly Disagree	46.4%	38.1%

I am often in trouble in my school/setting			
Responses	School 27	Wiltshire 3,487	
Strongly Disagree	40.7%	41.5%	
Disagree	33.3%	30.4%	
Neither Agree Nor Disagree	11.1%	13.7%	
Agree	14.8%	10.1%	

# I am often aggressive or violent (such as breaking things and hurting people when I am angry)

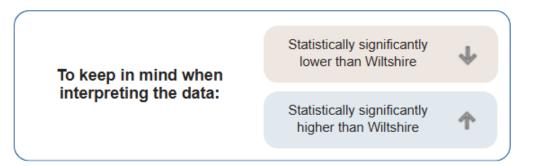
Responses	School 30	Wiltshire 3,517
Strongly Agree	10.0%	3.9%
Agree	16.7% 🏫	7.1%
Neither Agree Nor Disagree	13.3%	8.4%
Disagree	6.7%	17.6%
Strongly Disagree	53.3%	63.0%

# Wiltshire Council Emotional wellbeing survey 2024 Speaking out

# Please note this is an example report with example data.

This section will look at how students feel about being able to speak out when they have problems or want to share their opinion.

Students were asked about speaking out in relation to their school/setting, followed by statements to which they could answer never, often or sometimes.



### Adults in my school/setting listen when I share my opinion

Responses	School 163	Wiltshire 3,566
Never	5.5%	3.7%
Sometimes	33.7%	32.9%
Often	60.7%	63.4%

# My school/setting friends ask my advice when they have a problemResponsesSchool166Wiltshire3,556Never24.1%17.3%Sometimes57.8%56.4%Often18.1%26.3%

### If I see something wrong in my school/setting I feel I can tell someone and they will listen

Responses	School	164	Wiltshire	3,555
Never	20.1	% 🏫 📕	13	.8%
Sometimes	51.8	% 🏫 📕	41	.3%
Often	28.0	% 🧄 🔛	44	.9%

#### I can speak up in class when I have a comment or question

Responses	School 166	Wiltshire 3,556
Never	16.3%	12.5%
Sometimes	37.3%	36.6%
Often	46.4%	50.9%

#### I can speak up when I see someone else being hurt

Responses	School 165	Wiltshire 3,536
Never	9.7%	6.2%
Sometimes	38.2% 🏫	26.3%
Often	52.1% 🦑	67.5%

### I can ask adults in my school/setting for help when I need it

Responses	School 165	Wiltshire 3,537
Never	9.1%	7.8%
Sometimes	31.5%	30.8%
Often	59.4%	61.4%

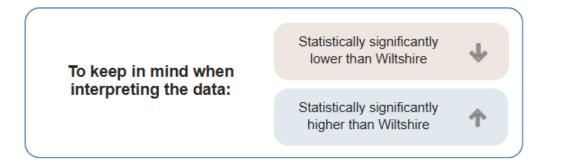
### Wiltshire Council Emotional wellbeing survey 2024 Feeling safe

# Please note this is an example report with example data.

This section will look at how safe students feel in their every day life.

Students were asked about feeling safe:

- at school
- on their way to school
- at home
- · outside near their home



when you are at your school/setting, now sale do you leel?		
Responses	School 79	Wiltshire 3,433
Very Safe	24.1% 🧄	40.0%
Safe	36.7%	40.8%
Neither Safe Nor Unsafe	24.1% 🏫	11.0%
Unsafe	13.9% 🏫	6.3%
Very Unsafe	1.3%	1.9%

### When you are at your school/setting, how safe do you feel?

How safe do you feel at home or the place where you live?			
Responses	School 78	Wiltshire 3,445	
Very Safe	62.8%	69.9%	
Safe	25.6%	22.0%	
Neither Safe Nor Unsafe	6.4%	4.5%	
Unsafe	5.1%	2.8%	

### How safe do you feel being outside, near your house?

Responses	School 64	Wiltshire 3,065
Very Safe	21.9%	33.2%
Safe	48.4%	49.3%
Neither Safe Nor Unsafe	14.1%	10.7%
Unsafe	7.8%	5.1%
Very Unsafe	7.8% 个	1.7%

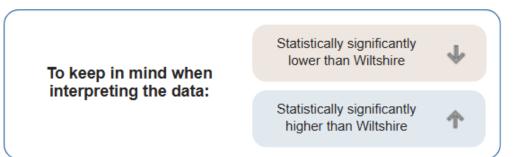
### How safe do you feel on your way to and from your school/setting?

Responses	School 69	Wiltshire 3,094
Very Safe	20.3% 🧄	40.4%
Safe	52.2%	42.8%
Neither Safe Nor Unsafe	13.0%	10.9%
Unsafe	10.1% 🏫	4.6%
Very Unsafe	4.3% 个	1.4%

### Wiltshire Council Emotional wellbeing survey 2024 Relationships and inclusion

# Please note this is an example report with example data.

This section will look at the relationships they have with friends, trusted adults and family. Students were asked about who they would turn to when unhappy or worried, how they find making friends, and whether they often feel left out.



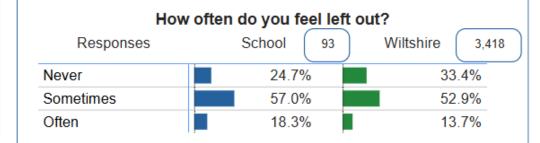
#### When you are unhappy or worried who would you go to for help?

	-	
Response	School	Wiltshire
A teacher/tutor or other adult at your school/setting	57.3%	54.4%
An adult outside of your school/setting (another parent/family friend/neighbour)	26.0%	21.6%
Brother(s) or sister(s)	43.8%	40.2%
Counsellor/therapist	7.3%	4.0%
Friend(s)	67.7%	68.0%
GP (family doctor)	4.2%	3.4%
No-one	11.5%	10.6%
Other	2.1%	4.7%
Parent, step-parent or carer	79.2%	78.8%
Social Worker	4.2%	2.9%
Someone else in your family	44.8%	45.6%
Sports coach	15.6%	12.5%
Website or online forum	1.0%	2.0%

How good are you at making and keeping friends?				
Responses	School 93	Wiltshire 3,413		
Very Good	29.0%	38.9%		
Good	35.5%	35.7%		
Ok	15.1%	12.1%		
Not Very Good	14.0%	10.2%		
Not At All Good	6.5%	3.1%		

#### Is there at least one adult at your school/setting who cares about you as an individual?

Responses	School 82	Wiltshire 3,110
No	29.3%	24.7%
Yes	70.7%	75.3%



### Wiltshire Council Emotional wellbeing survey 2024 Feelings and experiences

# Please note this is an example report with example data.

How often have you been so worried about something you can not sleep at night?		
Responses	School 85	Wiltshire 3,405
Most Nights	22.4% 🏫	13.2%
Quite Often (E.G.Weekly)	25.9%	18.1%
Sometimes (E.G. Monthly)	12.9%	15.5%
Not Often (E.G. Once Or Twice)	11.8% 🧄 📕	28.3%
Never	27.1%	25.0%

#### Overall, how confident about your future do you generally feel?

Responses	School 77	Wiltshire 3,135
Extremely Confident	23.4%	24.8%
Confident	45.5%	44.5%
Quite Confident	13.0%	13.8%
Not Very Confident	10.4%	12.7%
Not At All Confident	7.8%	4.2%

### How proud do you feel of things you have achieved in your life?

Responses	School 78	Wiltshire 3,134
Not At All	2.6%	2.4%
Not Very	6.4%	6.7%
A Bit	7.7%	10.8%
Quite	39.7%	41.1%
Extremely	43.6%	39.0%

### Thinking about how happy you have felt over the past week, would you say you felt generally:

Responses	School 82	Wiltshire 3,341
Happy Most Of The Time	37.8%	34.5%
Quite Happy	25.6% 🤟	38.4%
Neither Happy Nor Unhappy	12.2%	12.2%
Quite Unhappy	20.7% 🏫	10.2%
Unhappy Most Of The Time	3.7%	4.6%

# Thinking about how happy you have felt over the past week at your school/setting, would you say you felt generally:

Responses	School 83	Wiltshire 3,322
Happy Most Of The Time	28.9%	29.2%
Quite Happy	30.1% 🖖	40.8%
Neither Happy Nor Unhappy	20.5%	15.2%
Quite Unhappy	16.9%	10.6%
Unhappy Most Of The Time	3.6%	4.2%

### Wiltshire Council Emotional wellbeing survey 2024 Bullying

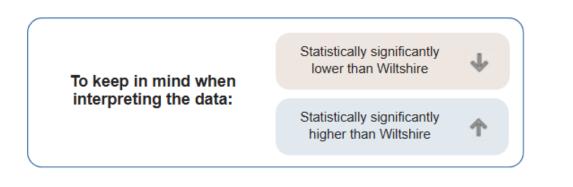
# Please note this is an example report with example data.

### This section will look at bullying.

Students were asked how their school deals with bullying, as well as how bullying has personally affected them, and who they might turn to when experiencing bullying.

Bullying was defined to students in the survey as:

"Bullying happens when one person or a group of people tries to upset another person by saying nasty or hurtful things to him or her again and again. Sometimes bullies hit or kick people or force them to hand over money; sometimes they tease them again and again. The person who is being bullied finds it difficult to stop this happening and is worried that it will happen again. It may not be bullying when two people of roughly the same strength have a fight or disagreement."



How well do you think your school/setting deals with bullying?		
Responses	School 79	Wiltshire (3,441
Extremely Well	17.7% 🤟	31.3%
Quite Well	48.1%	39.6%
Ok	11.4%	13.5%
Not Very Well	17.7%	11.7%
Very Badly	5.1%	3.9%

The below question acted as a gateway question, meaning that students who responded "No" to this question were not asked any further questions on bullying. Those who responded with any of the other response options were then asked a series of questions, detailed on the next page.

#### Have you been bullied in the last year?

Responses	School 77	Wiltshire 3,478
No	44.2%	50.1%
Most Days	9.1%	8.9%
Quite Often (Eg Weekly)	6.5%	10.3%
Sometimes (Eg Monthly)	16.9%	11.0%
Not Often (Eg Once Or Twice)	23.4%	19.6%

### Wiltshire Council Emotional wellbeing survey 2024 Bullying

# Please note this is an example report with example data.

The questions on this page were asked to students who, when asked "Have you been bullied in the last year?" responded either:

- Most days
- Quite often
- Sometimes
- Not often

If you have been bullied in the last year in what way did it happen?		
Response	School 20	Wiltshire 1597
Physical (being hit, kicked etc)	15.0%	31.3%
Verbal (repeatedly taunted, called names)	75.0%	54.4%
Cyber (through text or social media)	20.0%	14.6%
Isolated or Excluded (repeatedly deliberately ignoring you, leaving you out)	20.0%	40.6%
Other	35.0%	31.1%

If you have ever been bullied, did someor	he help you deal with it	t?
Response	School 20	Wiltshire 1
A counsellor, youth worker or social worker	5.0%	3.9%
A doctor, nurse (outside your school/setting), psychologist	5.0%	3.2%
A teacher/tutor or other adult at your school/setting	35.0%	51.0%
Friend(s)	70.0%	62.2%
No-one	25.0%	12.7%
Parent, step-parent or carer	70.0%	63.1%
Social media, podcasts etc	5.0%	4.2%
Someone else in your family	25.0%	28.6%

### Wiltshire Council Emotional wellbeing survey 2024 Methods

# Please note this is an example report with example data.

### Calculating proportions for multiple choice questions

For questions where respondents were able to choose **one answer** from a series of options, such as:

Question: I enjoy my school/setting Answer options: Strongly agree, Agree, Neither agree nor disagree, Disagree, Strongly disagree

The **numerator** used was the number of students from your school that responded with that specific response.

The **denominator** used was the number of students from your school that responded to that question.

For questions where respondents were able to choose **multiple answers** from a series of options, such as:

Question: If you have ever been bullied, did someone help you deal with it? (you can tick more than one box here)

Answer options: Parent, step-parent or carer, Someone else in your family, Friend(s), A teacher/tutor or other adult at your school/setting, A school nurse, A doctor, nurse (outside your school/setting), psychologist, A counsellor, youth worker or social worker, Social media, podcasts etc, No-one

The **numerator** used was the number of students from your school that responded with that specific response.

The **denominator** used was the number of students from your school that responded to any of the options for that question.

### Calculating statistical significance

Statistical significance is calculated using confidence intervals, following guidelines from the Association of Public Health Observatories (APHO).

Upper and lower confidence intervals were placed around the school level data, and if the Wiltshire level data (all responses to the survey for the question being assessed) sits outside of these confidence intervals, it can be inferred that the difference between the responses for the school and Wiltshire is statistically significant.

The responses for the school are identified throughout as being statistically significantly higher (where the Wiltshire level data is lower than the school data lower confidence interval) or lower than Wiltshire (where the Wiltshire level data is higher than the school data higher confidence interval).

For the majority of the questions, 95% confidence intervals were calculated for proportions, following the Wilson Score method provided by APHO. For the SWEMWBS mean score, 95% confidence intervals were calculated using the traditional Normal approximation method provided by APHO.

More information about the methods used can be found in the document "APHO Technical Briefing 3 - Commonly used public health statistics and their confidence intervals, found through this link <u>Fingertips guidance -</u> <u>Public Health methods - OHID (phe.org.uk)</u>.