

****FREE ONLINE TRAINING – NEW COURSE****

NICOTINE (VAPING, SMOKING & POUCHES)

INCLUDES VAPING NON-NICOTINE SUBSTANCES (THC & SPICE)

Next Dates:

25th March 2025, 3.30 to 4.30 pm

29th April 2025, 3.30 to 4.30 pm

Recent years have seen change in the ways young people are consuming nicotine, which include including vaping and pouches (snus). The figures for the growth in vaping alone are remarkable. In 2024, nearly 1 million children under 18 had tried vaping (18%).

Whilst vaping is considered less harmful than smoking, it still exposes users to some toxins and we don't yet know what the risks might be in the longer term. Whilst smoking figures have decreased by comparison, around 350 young people start smoking every day in the UK. Other nicotine products, such as pouches, have also shown worrying increases in recent years.

There is now a huge market in unregulated products, many containing extremely high levels of nicotine, dangerous chemicals and, in some cases, products containing drugs such as THC and Synthetic Cannabinoids (Spice).

This course will present some of the facts around young people smoking and vaping, as well as the consumption of nicotine in other means. We will then look at the important considerations in communicating the risks and discuss the best ways to work with young people to reduce the levels of harm they potentially face.

This course is particularly suitable for education, health and social care staff, the police, charity workers, foster carers, sports coaches and volunteers.

About Connect & DHI

Connect is a drug and alcohol support service funded by Wiltshire Council. Developing Health & Independence (DHI) are one of the delivery partners and we run free, interactive, online training courses for professionals working with young people.



For bookings & further information contact:

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